



CL&P WINTER WARM-UP TIP

Turn the oven and surface units off
a few minutes before cooking time is up.

WINTER WARM-UPS

There are many things you can do around your home to stay comfortable and **save money** on your energy bills this winter.

NO-COST TIPS:

- Move furniture and draperies away from radiators and heating units.
- Close windows tightly near your thermostat so your furnace won't continue to work once the rest of your home is warm.
- Draw curtains, shades and draperies at night to keep out cold air. Open them during the day to let in the warm, solar energy.
- Vacuum radiator surfaces frequently. Dust can hamper the heat flow.
- Bleed air trapped in radiators to improve water circulation.
- Cover through-the-wall air conditioners.
- Close central air-conditioning vents.
- Close off unused rooms and shut closet doors and doors to unheated areas.
- Shut the fireplace damper when not in use.
- Wear layers of clothing. Air is trapped between layers and keeps you warmer.

LOW-COST TIPS:

- Change filters and tune up your heating system.
- Install a programmable thermostat to automatically lower the temperature when you leave your house and warm your home when you return.
- Use weather stripping around air conditioners, doors and window frames.
- Install quality door sweeps.
- Place gaskets behind electrical outlet covers and use plastic outlet plugs on outside walls to prevent cold air from entering the house.
- Use caulk where window frames meet the wall or where wiring and plumbing cut through ceilings or walls.

ENERGY-SAVING TIPS:

Cooking uses a lot of energy. Here is some energy-saving advice for preparing meals:

- Preheat the oven only when necessary.
- When cooking, keep pans covered as much as possible. Food heats quicker and cooking time is minimized.
- Use similar-sized range units and pots. Using too large a surface unit wastes energy.
- **Turn the oven and surface units off a few minutes before cooking time is up. An electric oven or surface unit will remain hot for a few minutes after it is turned off.**
- Heat only the amount of water that you need. Heating extra water takes additional time and energy.
- Remember not to fill the refrigerator too full or set the temperature too low. Refrigerators need breathing room. Freezers, on the other hand, work more efficiently when they are full.
- Microwave ovens use less than half the power of a regular oven, and food cooks 75 percent faster.



Select ENERGY STAR® models whenever you buy new appliances, light bulbs and fixtures. ENERGY STAR-rated appliances and lighting products meet the U.S. Environmental Protection Agency and the Department of Energy standards for energy-efficiency. They're available at local retail stores, along with rebate forms for ENERGY STAR light bulbs and fixtures. Call CL&P's toll-free energy-efficiency hotline to learn more about saving energy, money and the environment. Call 1.877.602.SAVE (7283) or visit us at cl-p.com.



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Heat only the amount of water that you need.

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